



Coupe du Printemps

Interclub Figure Skating Competition

Junior B, Intermediate Novice, Pre-novice, Minimen A,
Minimen B, Open Age Category

March 17th 2023

Ice Rink Kockelscheuer

42, route de Bettembourg

Luxembourg

Organised by Club Hiversport-Patinage Luxembourg



Announcement

The Club Hiversport-Patinage Luxembourg (CH-PL) is pleased to announce the **Coupe du Printemps Interclub Competition 2023**.

The organizing committee reserves the right to cancel any level if the number of entries is too low to complete the event or to limit the number of entries in case of too many entries.

1. Technical Data

Junior B Women

The skater has not reached the age of 19 by July 1st preceding the competition.

Free skating Program:

In accordance with ISU Technical Rules Single Skating 2022, Rule 612 and the respective ISU Communications.

Duration: 3:30 min +/- 10 sec.

Warm-up: 6 minutes. The warm-up groups can be maximum up to eight (8) skaters.

The factor for Program Components is

- for Women 2.67
- for Men 3.33

Intermediate Novice

The skater has not reached the age of 15 by July 1st preceding the competition.

Free skating Program for **Girls and Boys**:

In accordance with ISU communication 2489 Single Skating Intermediate Novice (or subsequent updates)

Duration 3:00 min +/- 10 sec

Warm-up: 5 minutes. The warm-up groups can be maximum up to eight (8) skaters. There will be no Bonus for jump elements performed in the second half or the Free Program.

The factor for Program Components is

- for Girls 1.7
- for Boys 2.0

Level Explanation:

All elements, which are subject to levels, only features up to **level 2** will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

FALL Each fall shall receive a deduction of 0.5

Any Luxembourgish skater who competes in this category will also be competing in the National Championships.

Pre-novice

The skater has not reached the age of 11 by July 1st preceding the competition.

Free skating Program for Girls and Boys:

There will be no Bonus for jump elements performed in the second half of the free program.

Duration 2:30 min +/- 10 sec

Warm-up: 4 minutes. The warm-up groups can be maximum up to eight(8) skaters.

A **well-balanced Free Skating Program** for Pre-Novice Singles Girls and Boys must contain:

- a) Maximum of 4 jump elements one of which must be an Axel type jump for Girls and Boys. Only one (1) double jump may be included.

There may be up to two (2) jump combinations or one combination and one sequence. Jump combinations can contain only two (2) jumps.

Any single and double jumps cannot be executed more than twice in total.

- b) There must be a maximum of two (2) spins of a different nature (abbreviation):

One (1) combination spin: a combination spin with a change of foot minimum eight (8) revolutions or without a change of foot minimum six (6) revolutions.

One (1) spin with no change of position: a spin in one position with a change of foot minimum eight (8) revolutions or without a change of foot minimum six (6) revolutions.

Flying entry is only permitted in the spin with no change of position.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in spins in one position spin).

- c) For Girls and Boys there must be one (1) step sequence fully utilizing the ice surface.

The factor for Program Components is 1.67 for Girls and Boys .

LEVEL EXPLANATIONS:

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Fall Each fall shall receive a deduction of 0.5.

Minimen A

The skater has not reached the age of 11 by July 1st preceding the competition for Girls and boys.

Free skating Program for Girls and Boys:

Duration 2:00 min +/- 10 sec

Warm-up: 4 minutes. The warm-up groups can be maximum up to eight (8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A **well-balanced Free Skating Program** for Minimen A Single Girls and Boys must contain:

- a) Maximum of 4 jump elements for Girls and Boys.
There may be up to one (1) jump combination
Jump combinations can contain only two (2) jumps.
Any single jump cannot be executed more than twice in total.
Only single jumps (excluding Axel) are allowed.

- b) There must be a maximum of two(2) spins of a different nature (abbreviation):
One (1) position spin with no change of foot: minimum four (4) revolutions.
One (1) other spin of a different nature with or without change of foot: minimum six (6) revolutions.
In both spins flying entries are NOT allowed.
The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in spins in one position spin).

- c) For Girls and Boys there must be one (1) choreographic sequence or step sequence.

The factor for Program Components is 1.67 for Girls and Boys.

Level explanations:

All elements which are subject to levels, only features up to level 2 will be counted.

FALL Each fall shall receive a deduction of 0.5.

Minimen B:

The skater has reached the age of 11 but not reached the age of 15 by July 1st preceding the competition for Girls and boys.

Free skating Program for Girls and Boys:

Duration 2:00 min +/- 10 sec

Warm-up: 4 minutes. The warm-up groups can be maximum up to eight (8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A well-balanced Free Skating Program for Minimen B Single Girls and Boys must contain:

- a) Maximum of 4 jump elements for Girls and Boys.
There may be up to one (1) jump combinations or sequences.
Jump combinations can contain only two (2) jumps.
A jump sequence can contain any number of jumps, but only the two (2) most difficult jumps will be counted.
Any single jump cannot be executed more than twice in total.
Only single jumps (including Axel) are allowed.
ISU Rule 612, para 2, part Repetitions: if an extra jump(s) is executed, only the individual jump(s) which is not according to the requirements will have no value.
The jumps are considered in the order of execution.

- b) There must be a maximum of two(2) spins of a different nature (abbreviation):
One (1) position spin with no change of foot: minimum four (4) revolutions.
One (1) combination spin with no change of foot: minimum six (6) revolutions.
In both spins flying entries are NOT allowed.
The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in spins in one position spin).

- c) For Girls and Boys there must be one (1) choreographic sequence.

The factor for Program Components is 1.67 for Girls and Boys.

Level explanations:

All elements (except the step sequence), which are subject to levels, only features up to level 2 will be counted. The step sequence will be Level Basic for all skaters and cannot get any higher level.

FALL Each fall shall receive a deduction of 0.5.

Skate for All (Open Age Category)

The skater has reached at least the age of 15 by July 1st preceding the competition. There is no upper age limit.

Free skating Program for Women and Men:

Duration 2:00 min +/- 10 sec

Warm-up: 5 minutes. The warm-up groups can be maximum up to eight (8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A well-balanced Free Skating Program for Open Aged Single Women and Men must contain:

- a) A maximum of five (5) jump elements consisting of any single jumps (including single Axel). **Double jumps and triple jumps are not permitted.**

There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.

One (1) jump combination or one (1) jump sequence may consist of up to three (3) jumps. The other may have two (2) jumps.

A jump sequence consists of two (2) or three (3) jumps, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take-off curve of the Axel jump.

Each listed jump may be performed a maximum of two (2) times.

Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps.

Non-listed jumps may be included in the program as part of connecting footwork.

- b) A maximum of two (2) spins of a different abbreviation. The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and six (6) for any spin with a change of foot. A spin that has no basic position with 2 revolutions will receive no value, however a spin with less than three rotations in total is considered as a skating movement and not a spin. Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions. All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.
- c) maximum of one (1) choreographic sequence, utilizing at least half (1/2) of the ice surface. A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

The factor for Program Components is 2.00 for Women and Men.

LEVEL EXPLANATIONS:

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Each fall shall receive a deduction of 0.5.

2. Entries

Entries for each category are only accepted from clubs which are members of their national federation.

a. Entries by name:

Entries by name: the names of the skaters and judges should be sent to:

lux.cdp+interclub@gmail.com before **February 24th 2023**.

Entries will only be accepted if the entry fee has been paid by February 24th 2023.

Email: lux.cdp+interclub@gmail.com

Address:

CH-PL

8, rue Vaclav Havel
L-1754 Luxembourg
Luxembourg

Telephone: Diana Wagner : +352 621 17 37 67
Sheila Keifer : + 352 621 29 42 64

Entry Fees

Junior B, Intermediate novice: 65,00 euros

Pre-Novice, Minimen A, Minimen B, Skate for all: 50,00 euros

Entry Fees should be paid not later than **February 24th 2023** by bank transfer to the following account.

We kindly ask to mention the following reference :

Coupe du Printemps Interclub Competition, Name of the skater and Federation or club.

Coupe du Printemps

IBAN: LU34 0019 4655 5984 3000

Swift code: BCEELULL

After the closing date, there will be no refund in case of withdrawal.

In case of too many entries, the organizer might be obliged to refuse several entries. This should be communicated immediately after the closing date and refunds will be issued in this specific case.

b. Entries of judges

Each participating foreign club has the right to propose at the least international level qualified judge. Entries from a foreign club bringing a judge will have priority in case of too many entries.

The organizing committee will provide all judges with food and lodging during the competition. In case of too many entries, a draw will be conducted immediately after the closing date, and clubs/federation will be informed accordingly.

3. Meals, lodging, and travel expenses

The expenses for travel, rooms and meals for Competitors, Team leaders and coaches will not be covered by the organizer.

4. Planned elements

Planned elements must be sent to before **February 24th 2023** to lux.cdp+interclub@gmail.com

5. Music

Program music must be sent in .mp3 format to lux.cdp+interclub.music@gmail.com before **February 24th 2023**

We recommend to use www.wetransfer.com if you want to transfer multiple files at once.

File name format : FS <Category> <Full Name> <Time>

<Category> = JB, IN, PN, MA, MB, SA

Example : FS JB John Doe 2m34.mp3

During the event, for backup purposes only, all competitors must also have a copy of their music available on CD/ USB-stick using the correct file format and file name format.

Together with the entry forms, the "Program Content Sheet" must be returned to the Organizing Committee (Via Mail to: lux.cdp+interclub@gmail.com).

It is mandatory that the Program Content Sheet is completed precisely by each skater in English using the terminology listed in the respective ISU Communication.

It is not permitted to hand over the Program Content Sheets directly to the acting Officials.

6. Opening draw

The draw will be done at the ice rink on **Thursday March 16th, 2023**, and will be published on the website <http://www.coupeduprintemps.com>

7. Registration

An info desk will be in place in the cafeteria of the ice rink. All competitors must register one hour before the start of their category at the latest.

8. Presentation of medals

All participants must be present in their competition costumes for the announcement of the results and the prize awarding ceremony. The first three best placed competitors in each event will be announced and honored. All other participants will receive a medal.

In case of absence during the awarding ceremony, no trophy or medals will be provided.

9. Insurance / liability

In accordance with ISU rules the organizing committee accepts no liability for injuries or damages sustained by competitors.

In accordance to ISU rules the responsibility for health and accident insurance lies with the athletes, officials and all other members of the team. Such insurance must include full medical care and repatriation.

10. Covid rules

During the competition, COVID-19 safety measures by national and/or local health authorities may (still) apply. If so, these measures will be indicated and should be met at all times. All participants and club secretaries will be informed in advance regarding such measures. When showing any symptoms of the COVID-19 virus (such as fever, coughing or trouble breathing), or in case you recently have been in contact with a person who acquired the virus, you should prioritize your health and the health of those around you. You will therefore not be allowed to participate.