

# Stars

# on Ice



# CUP 2023

## 4 and 5 february 2023

---

Dear skaters and coaches,

We are pleased to invite you for the international competition Stars on ice Cup 2023.

Which will take place on the 4 and 5 of February 2023. The competition will take place in the ice rink Silverdome in Zoetermeer in the Netherlands. During the competition there are several levels from starters to seniors for both girls/ladies and boys/men.

In addition to the regular classification, the skaters who are competing in this international competition can also have a possibility to win the Stars on Ice Cup 2023. The rules are explained in the following invitation. Closing date to enter the Stars on Ice Cup is 31st December 2022.

To enter the competition use the following website to register [cup.starsonice.nl](http://cup.starsonice.nl)

We hope to welcome you and wish you a lot of success in the competition!  
For further information, please contact us or check our website [www.starsonice.nl](http://www.starsonice.nl)

Sincerely,  
Team Stars on Ice

# Announcement index

1. Information	2
2. Ice rink	2
3. The competition	3
4. Judges	4
5. Expenses	5
6. Coaches	5
7. Travel & lodging	5
8. Groups and categories	6
9. Regulations	7

---

## 1. Information

The Stars on Ice Cup is an international competition for single skating. The competitors skate their free program.

### ORGANISATION

The competition is organized by the figure skating club Stars on Ice.

Contact:

Angelique Lew +31628963560

e-mail: [starsonice@hotmail.nl](mailto:starsonice@hotmail.nl)

## 2. Ice rink

Silverdome (60 m x 30 m), (196ft x 65ft)

Van der Hagenstraat 20

2722 NT Zoetermeer

The Netherlands

Tel: +31 (0) 79 330 5000

Website: [www.silverdome.nl](http://www.silverdome.nl)

### 3. The competition

#### 3.1 REGISTRATION

Every figure skating club can register in the international competition Stars on Ice Cup. This invitation has been sent to the figure skating federations in several countries. The competing skaters will skate their free program and the competition will take place in two days.

The total numbers of participants can be limited according to the availability of the ice.

The closing date of the registration is the 31st of December 2022.

#### 3.2 CATEGORIES SINGLE SKATING

- Twinkle Stars (NL: Starters)
- Rising Stars (NL: Pupillen)
- Super Stars (NL: Aspiranten)
- Future Stars (NL: Mini, midi and maxi)
- Basic novice
- Advanced novice
- Junior
- Senior

#### 3.3 RULES FOR THE CUP

To compete as a club in the Stars on Ice Cup you have to register a minimum of 5 skaters. At least 3 skaters have to compete in the three different scorecard categories.

These Categories are:

- Twinkle Stars
- Rising Stars
- Super Stars

For example :

Competitor	Status	Example 1
1	Required	Twinkle Stars
2	Required	Rising Stars 1, Super Stars 1A and 1B
3	Required	Rising Stars 2, Super Stars 2A and 2B
4	Optional	Pre basic A
5	Optional	Junior B
6		Reserve

The individual scores of these 5 skaters will be transformed into points for the cup competition (for example 1st place is 1 point). The club which gets the lowest points wins the cup.

Every club has to register in advance which 5 participants they want to select to get the points for the cup and 1 reserve participant. The cup will be won as a club.

### **3.4 DRAWING OF THE STARTING ORDER AND TIME SCHEDULE**

The competition will take place on two days. The draw of the starting order will be organized on the 21st of January 2023. The starting order and time schedule will be announced on the [website](#) after the drawing. If possible we will plan all A- categories on the 5th of February 2023.

### **3.5 MUSIC**

The music for the program has to be uploaded to [cup.starsonice.nl](http://cup.starsonice.nl) during the registration for the competition.

## **4. Judges**

### **4.1 JUDGING**

The competitors of the categories Twinkle Stars, Rising Stars, Super Stars will be judged with the score card. See regulations.

The competitors of the categories Future Stars, Basic Novice (B), Advanced novice (B), Junior (B) and Senior will be judged with the ISU judging (small) system, this judgement will be done without a replay.

### **4.2 JUDGES**

Each participating foreign club can propose a at the least national level qualified judge. Entries from a foreign club bringing a judge will have priority in case of too many entries. Names and mailadres of the candidate judges must be sent to [starsonice@hotmail.nl](mailto:starsonice@hotmail.nl) before the closing date 31st of December. These requests will then be made know to the Dutch Skating Federation. The organizing committee will provide all judges with food and if necessary lodging during the competition.

## 5. Expenses

### 5.1 REGISTRATION FEE

The registration fee for each skater is as following:

Category	Price	
Twinkle Stars (NL: SPA-Categorie)	€ 50	For each skater
Rising Stars (NL: SPA-Categorie)	€ 50	For each skater
Super Stars (NL: SPA-Categorie)	€ 50	For each skater
Future Stars (NL: Mini, Midi and Maxi)	€ 55	For each skater
Basic novice (B)	€ 55	For each skater
Advanced novices (B)	€ 55	For each skater
Junior (B)	€ 55	For each skater
Senior	€ 55	For each skater

Please pay during registration process or if not possible within a 5 business days to the following account:

BIC: **RABONL2U** IBAN: **NL90RABO0166125873**

For the Netherlands **RABOBANK: NL90RABO0166125873**

Name: Stars on Ice

Place: Zoetermeer

To enter the competition, please use the following website to register [cup.starsonice.nl](http://cup.starsonice.nl)  
After payment the registration will be processed.

(No charges for the beneficiary).

No reimbursements will be made in the case of withdrawing of a skater after the closing date.

The clubs that are competing in the Stars on Ice Cup are responsible for the payments via the bank and for transferring the right amount of money.

### 5.2 LIABILITY

In accordance to ISU Regulations, all participants act at their own responsibility. The organizer will provide medical emergency aid during the competition.

## 6. Coaches

Only the coaches who are registered on the registration form will get a batch and will have excess to the ice rink.

## 7. Travel & lodging

The organizing committee does not pay travel or lodging expenses for the participating skaters.

## 8. Groups and categories

**FOR ALL CATEGORIES: THE REFERENCE DATE FOR THE SKATERS' AGE IS 1ST JULY 2018**

For example Rising Stars category: The skater has to have reached at least the age of 7, but has not yet reached the age of 11 by 1<sup>st</sup> of July 2022. If the skater turns 10 on or after the reference date, the skater will still be able to compete in the Rising Stars.

Groups	Boys & Girls	FP+/- 10 sec.	Regulations
<b>Twinkle Stars</b>			
Twinkle Stars 1 (NL:Starter 1)	0 to 8 yr	2.00 min	See reg.
Twinkle Stars 2 (NL:Starter 2)	9 yr and older	2.00 min	See reg.
<b>Rising Stars</b>			
Rising Stars 1 (NL:Pupillen 1)	0 to 10 yr	2.00 min	See reg.
Rising Stars 2 (NL:pupillen 2)	0 to 10 yr	2.00 min	See reg.
<b>Super Stars</b>			
Super Stars 1A (NL:Aspiranten 1A)	11 to 17 yr	2.00 min	See reg.
Super Stars 1B (NL:Aspiranten 1B)	18 yr and older	2.00 min	See reg.
Super Stars 2A (NL:Aspiranten 2A)	11 to 17 yr	2.00 min	See reg.
Super Stars 2B (NL:Aspiranten 2A)	18 yr and older	2.00 min	See reg.
<b>Future Stars</b>			
Future Stars 1 (NL: Mini)	0 to 10 yr	2.30 min	See reg.
Future Stars 2 (NL: Midi)	11 to 13 yr	2.30 min	See reg.
Future Stars 3A (NL: Maxi 1)	14 to 17 yr	2.30 min	See reg.
Future Stars 3B (NL: Maxi 2)	18 yr and older	2.30 min	See reg.
<b>Basic novice</b>			
Basic novice	0 up to 12 yr		ISU
Basic novice B	13 yr and older	2.30 min	ISU
<b>Advanced novice</b>			
Advanced novice	10 up to 14 yr		ISU
Advanced novice B	15 yr and older	3.00 min	See reg.
<b>Juniors</b>			
Juniors	13 up to 18 yr		ISU
Juniors B	19 yr and older	3.30 min	See reg.
<b>Seniors</b>			
	15 yr and older		ISU

Twinkle Stars, Rising Stars and Super Stars will be categorised by age and level as much as possible. When the number of skaters in a group has exceeded the organisation can if necessary split up the group by age before the draw. If the number of skaters in a category is exceeded, the rule that applies will be: full=full; up to the maximum in relation to the available competition hours.

Registration in a category from Future stars, Basic novice/B, Advanced novice/B, Juniors/ B and seniors is subject to an maximum of 15 skaters per club. The organizing club is excluded from this rule. If the number of skaters in a category is exceeded, the rule that applies will be: full=full; up to the maximum in relation to the available competition hours. Reserve skaters can be entered and will be placed in availability of the ice and in order of arrival.

## 9. Regulations

For the categories Advanced Novice (B), Basic Novice (B), Mini, Midi and Maxi, the following ISU Rule (ISU Novice Guidelines, Communication 2489 or a supplement thereto): Any single or double jump (incl. double Axel) may not be performed more than twice. For Basic Novice (B), Mini, Midi and Maxi, the following ISU rule also applies: Only a single jump and one double jump (incl. double Axel) may be repeated once

### Twinkle stars Starters

Warming-up 4 min

FS	Girls and boys	Deductions			4.0	Bonus		
	No jumps							
1.	Three turns forwards outside 3x in a row	0.3	0.2	0.1	0	0.1	0.2	0.3
2.	Stork	0.3	0.2	0.1	0	0.1	0.2	0.3
3.	Shoot the duck 1 or 2 feet	0.3	0.2	0.1	0	0.1	0.2	0.3
4.	Drag	0.3	0.2	0.1	0	0.1	0.2	0.3
5.	Spiral (basic, no variation allowed)	0.3	0.2	0.1	0	0.1	0.2	0.3
6.	Upright spin (1 or 2 feet)	0.3	0.2	0.1	0	0.1	0.2	0.3

### Rising stars 1 and Super Stars 1A and 1B Pupillen 1 en Aspiranten 1A en 1B

Warming-up 4 min

FS	Girls and boys	Deductions			6.0	Bonus		
	Only walsh jump, 1T and 1S							
1.	Single jump at choice	0.3	0.2	0.1	0	0.1	0.2	0.3
2.	Single jump at choice	0.3	0.2	0.1	0	0.1	0.2	0.3
3.	Single jump at choice	0.3	0.2	0.1	0	0.1	0.2	0.3
4.	Combination of 2 single jumps	0.3	0.2	0.1	0	0.1	0.2	0.3
5.	Spin at choice (change of foot optional)	0.3	0.2	0.1	0	0.1	0.2	0.3
6.	Spin at choice (change of foot optional)	0.3	0.2	0.1	0	0.1	0.2	0.3
7.	Step sequences to the music over the length of at least half of the ice rink, containing among other things, a minimum of two three turns and two mohawks	0.3	0.2	0.1	0	0.1	0.2	0.3
8.	Spiral (min. 3 sec, no variation allowed)	0.3	0.2	0.1	0	0.1	0.2	0.3

**Rising Stars 2 and Super stars 2A and 2B**  
Pupillen 2 and Aspiranten 2A and 2B

Warming-up 4 min

FS	Girls and boys	Deductions			6.0	Bonus		
	All single jumps allowed except for 1A							
1.	Single jump at choice	0.3	0.2	0.1	0	0.1	0.2	0.3
2.	Single jump at choice	0.3	0.2	0.1	0	0.1	0.2	0.3
3.	Single jump at choice	0.3	0.2	0.1	0	0.1	0.2	0.3
4.	Combination of 2 single jumps	0.3	0.2	0.1	0	0.1	0.2	0.3
5.	Spin at choice (change of foot optional)	0.3	0.2	0.1	0	0.1	0.2	0.3
6.	Spin at choice (change of foot optional)	0.3	0.2	0.1	0	0.1	0.2	0.3
7.	Step sequences to the music over the length of at least half of the ice rink, containing among other things, a minimum of two three turns and two mohawks	0.3	0.2	0.1	0	0.1	0.2	0.3
8.	Spiral (min. 3 sec, no variation allowed)	0.3	0.2	0.1	0	0.1	0.2	0.3

**Future stars 1**

Warming-up 4 min

FS	Girls and boys similar to Mini
1.	Max. 4 jump elements one of which must be an axel jump
2.	Max 2 jump combinations or 1 jump combination and 1 sequence are allowed; the jump combinations must not contain more than 2 jumps. In the sequence, the second jump must be an Axel.
3.	Tripple jumps are not allowed. Only one single jump and one doublel jump
4.	(inclusive 2A) may only be repeated once.
5.	Combination spin with change of foot (min.8) or without change of foot (min.6) flying entry is allowed
6.	Spin in one position with change of foot (min 8) or without change of foot (min 6) flying entry is allowed
7.	Step sequence

Level explanations:

For Future Stars A in all elements which are subject to levels, only features up to level 2 will be counted. Any additional features will not count for level and will be ignored by the technical panel.

**Future Stars 2 and 3**

Warming-up 4 min

FS	Girls and Boys similar to midi and maxi
1.	Max. 4 jump elements (axel not mandatory)
2.	Max 2 jump combinations or 1 jump combination and 1 sequence are allowed; the jump combinations must not contain more than 2 jumps. In the sequence, the second jump must be an Axel.
3.	Tripple jumps are not allowed. Only one single jump and one doublel jump
4.	(inclusive 2A) may only be repeated once.
5.	Combination spin with change of foot (min.8) or without change of foot (min.6) flying entry is allowed
6.	Spin in one position with change of foot (min 8) or without change of foot (min 6) flying entry is allowed
7.	Step sequence

Level explanations:

Future Stars B and C, in all elements which are subject to levels, only features up to level 2 will be counted. Any additional features will not count for level and will be ignored by the technical panel.

**Basic novice B**

Warming-up 5 min

FS	Girls and boys
1.	Max. 5 jump elements one of which must be an axel jump
2.	Max 2 jump combinations or 1 jump combination and 1 sequence are allowed; the jump combinations must not contain more than 2 jumps. In the sequence, the second jump must be an Axel.
3.	Tripple jumps are not allowed. Only one single jump and one doublel jump
4.	(inclusive 2A) may only be repeated once.
5.	Combination spin with change of foot (min.8) or without change of foot (min.6) flying entry is allowed
6.	Spin in one position with change of foot (min 8) or without change of foot (min 6) flying entry is allowed
7.	Step sequence

Level explanations:

Basic novice B, in all elements which are subject to levels, only features up to level 2 will be counted. Any additional features will not count for level and will be ignored by the technical panel.

**Basic novice**

Warming-up 4 min

The categories are held according to the most recent ISU Regulations and ISU Communications.

**Advanced novice**

Warming-up 5 min

The categories are held according to the most recent ISU Regulations and ISU Communications.

**Advance novice B**

Warming-up 5 min

FS	Girls and boys
1/6	Max. 6 jump elements one of which must be an axel jump. Max 2 jump combinations or 1 jump combination and 1 sequence are allowed; the jump combinations must not contain more than 2 jumps. . One jump combination may consist out of 3 jumps. The other jump combination/sequence may only consist out of 2 jumps. Only two (2) jumps with two and a half (2 1/2) or more revolutions can be repeated either in a jump combination or in a jump sequence. Triples jumps are allowed.
7.	Combination spin with or without change of foot (min 8) flying entry is allowed
8.	Flying spin (min 6) or spin with flying entry in one position with one change of foot (min.8)
9.	Step sequence

Level explanations:

For Advanced novice B, in all elements which are subject to levels, only features up to level 3 will be counted. Any additional features will not count for level and will be ignored by the technical panel.

**Junior**

Warming-up 6 min

The categories are held according to the most recent ISU Regulations and ISU Communications.

**Junior B**

Warming-up 6 min

FS	Ladies and men
1/7 1/8	Max. 7 jump elements one of which must be an axel jump. Max 3 jump combinations or 2 jump combination and 1 sequence are allowed; the jump combinations must not contain more than 2 jumps. One jump-combination or jump-sequence may consist of 3 jumps.
9.	Combination spin (min 10 )
10.	Flying spin (min 6)
11.	Spin in one position (min 6)
12.	Step sequence

Level explanations:

For junior B, in all elements which are subject to levels, only features up to level 4 will be counted. Any additional features will not count for level and will be ignored by the technical panel.

**Senior**

Warming-up 6 min

The categories are held according to the most recent ISU Regulations and ISU Communications.