



## **NATIONAL A-COMPETITION REGULATIONS SEASON 2020-2021**

### **General rules:**

Members of Belgian skating clubs can participate in Belgian National A-Competitions according to their age, obtained Figure Skating Level and PCS level.

### **Citizenship requirements:**

In order to participate in **national A-competitions** the skater must meet the following citizenship requirements:

- The skater has the Belgian citizenship or has a release or at least started the release procedure

### **For Belgian-, Flemish- and Walloon Championships:**

- The skater has the Belgian citizenship or has a clearance
- For more information, see latest ISU communication n° 2030 – Rule 109

### **Remarks for the categories:**

#### **Advanced Novice Girls and Boys:**

- All Basic Novice and Intermediate Novice skaters age wise who have obtained their **Advanced Novice Figure Skating level and minimum an Advanced Novice PCS level** will participate in the Advanced Novice categories.
- If they have a Senior Figure Skating level and minimum a Junior PCS level and the age requirement, they can participate in Junior categories.
- Once a skater starts to compete in a category, the skater cannot participate in a lower category in the following Belgian National and International Interclub A-Competitions anymore.

#### **Conditions in case of a new figure skating level obtained:**

- A skater who obtains a higher Figure Skating Level Test or a PCS level Test can participate in National A-Competitions in the same category for **a maximum period of three (3) months** starting from the day the skater obtained the new level. In National A-Competitions of which the first competition day is three (3) months after the skater obtained the new level, the skater needs to participate in the new category.
- After obtaining a higher Figure Skating Level or a PCS level, a skater can also choose to upgrade earlier within the three (3) month period. In such case the club must inform the National General Secretary, the Regional Secretary and the Responsible National Competitions about the respective competition **at least ten (10) days before** the first competition day.

National General Secretary: [secretariaat.kbkf@telenet.be](mailto:secretariaat.kbkf@telenet.be)

Regional Secretary Flemish speaking federation: [mariabouwens@hotmail.com](mailto:mariabouwens@hotmail.com)

Regional Secretary French speaking federation: [ffpa.christian.pieman@skynet.be](mailto:ffpa.christian.pieman@skynet.be)

Responsible National Competitions: [ludod@telenet.be](mailto:ludod@telenet.be)

**Combined national competitions:**

- If National A-, B- and/or Adults Competitions are combined in one competition, skaters who can compete in A-competitions **are only allowed** to enter in the A-competition.

**Categories with more than 36 skaters:**

- If there are categories of more than **36** entries in National A-Competitions, these categories will be divided into two groups based on age by July 1<sup>st</sup> preceding the competition. Organizing Clubs can also divide into smaller groups as well using the same criteria. Categories of **18** skaters or less won't be divided.

**Warm-up:**

- **Singles Girls and Boys for all Novice sub-categories:** warm up groups may be maximum up to eight (8) skaters with a preference of six (6) skaters per warm-up group.
- **Junior and Senior Ladies and Men** may warm up together. The warm-up groups may be maximum up to six (6) skaters.
- If there are less than three Boys/Men in a category, the Boys/Men will warm up together in the first warm-up group of the Girls/Ladies. If there are three Boys/Men or more, they will warm up separately. The competition will always start with the Boys/Men.
- An on-ice line up of the skaters in a warm-up group before the actual warming up is not allowed in National A-competitions. It is only allowed in International Interclub A-competitions, Championships and the National Criterium.

**Price awarding ceremony:**

- National Hymns are **NOT** allowed, except at Championships and the National Criterium.

**Organizing clubs:**

- All Belgian clubs which organize a National A-competition must put these regulations of the federation KBKF/FRBPA in their announcement for the categories for which they are valid.

## **BASIC NOVICE**

Has not reached the age of thirteen (13) by July 1<sup>st</sup> preceding the competition for Girls and Boys.

Only skaters with the following minimum requirements can participate in this category.

**Basic Novice Figure Skating level with a PCS Basic Novice level or a higher level**

### **Free Skating Program for Girls & Boys:**

In accordance with ISU communication 2396 Single Skating Basic Novice (or subsequent updates).

**Duration:** 2:30 min +/- 10 sec.

**Warm-up:** 4 minutes

There will be **no** special factor for jump elements performed in the second half of the Free Program.

### **The Program components are only judged in:**

- Skating Skills
- Performance

**Component factor:** The multiplying factor of the Components Score is:

Free Skating: 2.5

### **Level explanation:**

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Skaters can earn a bonus for jumps that are achieved in the Free skating Program. To be eligible for bonus points, jumps must be fully rotated or landed on the quarter (q) and must be in accordance with the Free Skating requirements and the repetition rules for jumps. Jumps can be performed as a solo jump, or in combination or jump sequence. Jumps that are identified by the Technical Panel as under-rotated (<), downgraded (<<) or have a fall or being identified as invalid element (\*) are not eligible to receive bonus points.

In the Free Skating Program, a maximum of **one(1) bonus point** can be achieved: **one (1) bonus point for one (1) double Axel.**

In case of jump combinations or jump sequences, all jumps eligible for a bonus point in accordance with the above regulations and limitations can receive bonus points.

**FALL -0.5 Pt**

## **INTERMEDIATE NOVICE**

Has not reached the age of fifteen (15) by July 1<sup>st</sup> preceding the competition for Girls and Boys.

Only skaters with the following minimum requirements can participate in this category.

**Intermediate Novice Figure Skating level with a PCS Intermediate Novice level or a higher level**

### **Free Skating Program for Girls & Boys:**

In accordance with ISU communication 2396 Single Skating Intermediate Novice (or subsequent updates).

**Duration:** 3:00 min +/- 10 sec.

**Warm-up:** 5 minutes.

There will be **no** special factor for jump elements performed in the second half of the Free Program.

### **The Program Components are only judged in:**

- Skating Skills
- Performance
- Interpretation

**Component factor:** The multiplying factor of the Components Score is:

Free Skating: 1.7 for Girls  
2.0 for Boys

### **Level explanation:**

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Skaters can earn a bonus for jumps that are achieved in the Free skating Program. To be eligible for bonus points, jumps must be fully rotated or landed on the quarter (q) and must be in accordance with the Free Skating requirements and the repetition rules for jumps. Jumps can be performed as a solo jump, or in combination or jump sequence. Jumps that are identified by the Technical Panel as under-rotated (<), downgraded (<<) or have a fall or being identified as invalid element (\*) are not eligible to receive bonus points.

In the Free Skating Program, a maximum of **one(1) bonus point** can be achieved: **one (1) bonus point for one (1) double Axel.**

In case of jump combinations or jump sequences, all jumps eligible for a bonus point in accordance with the above regulations and limitations can receive bonus points.

**FALL -0.5 Pt**

## ADVANCED NOVICE

Has reached at least the age of nine (9) by July 1<sup>st</sup> preceding the competition for Girls and Boys.  
Has not reached the age of fifteen (15) by July 1<sup>st</sup> preceding the competition for Girls and Boys.

Only skaters with the following minimum requirements can participate in this category.

### Advanced Novice Figure Skating with a PCS Advanced Novice level or a higher level

#### Short Program for Girls and Boys:

In accordance with ISU communication 2396 Single Skating Advanced Novice (or subsequent updates).

**Duration:** 2:20 min +/- 10 sec.

**Warm-up:** Short Program: 4 minutes      Free Skating Program: 5 minutes

There will be **no** special factor for jump elements performed in the second half of the Short and Free Skating Program.

#### Free Skating Program for Girls and Boys:

In accordance with ISU communication 2328 Single Skating Advanced Novice (or subsequent updates).

**Duration:** 3:00 min +/- 10 sec.

#### The Program Components are only judged in:

- Skating Skills
- Transitions
- Performance
- Interpretation

**Component factor:** The multiplying factor of the Components Score is:

Short Program: 0.8 for Girls	0.9 for Boys
Free Skating: 1.6 for Girls	1.8 for Boys

#### Level explanation:

All elements, which are subject to levels, only features up to **Level 3** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Skaters can earn a bonus for jumps that are achieved in the Free skating Program. To be eligible for bonus points, jumps must be fully rotated or landed on the quarter (q) and must be in accordance with the Free Skating requirements and the repetition rules for jumps. Jumps can be performed as a solo jump, or in combination or jump sequence. Jumps that are identified by the Technical Panel as under-rotated (<), downgraded (<<), with wrong edge (e) or have a fall or being identified as invalid element (\*) are not eligible to receive bonus points.

In the **SHORT** program a maximum of **two (2) bonus points** can be achieved: **one (1) bonus point for one (1) Double Axel and one (1) bonus point for one (1) triple jump.**

In the **Free Skating**, a maximum of **three (3) bonus points** can be achieved: **one (1) bonus point for one (1) Double Axel and one (1) bonus point each for any two (2) different Triple jumps.**

In case of jump combinations or jump sequences, all jumps eligible for a bonus point in accordance with the above regulations and limitations can receive bonus points

**FALL -0.5 Pt:**

## **JUNIOR**

Has reached at least the age of twelve (12) by July 1<sup>st</sup> preceding the competition for Ladies and Men.  
Has not reached the age of nineteen (19) by July 1<sup>st</sup> preceding the competition for Ladies and Men.

Only skaters with the following minimum requirements can participate in this category.

### **Junior Figure Skating level with a PCS Junior level or a higher level**

#### **Short Program for Ladies & Men:**

The required elements to be skated are those listed in ISU Technical Rules Singles & Pair Skating 2018 Rule 611, paragraphs 1 and 3 for 2018-2019.

**Duration:** 2:40 min +/- 10 sec.

#### **Free Skating Program for Ladies & Men:**

The required elements to be skated are those listed in ISU Technical Rules Singles & Pair Skating 2018 Rule 612 and the respective ISU Communication.  
Special attention should be paid to the "well balanced program".

**Duration:** 3:30 min +/- 10 sec.

**Warm-up:** 6 minutes for Short program and Free Skating each.

**Special factor in short and free program:** In accordance with ISU Rule 353 paragraph 1 h) - (IV) in ISU Technical Rules Singles & Pair Skating 2018

**The program components:** all five components will be judged

**Component factor:** In accordance with ISU Rule 353, paragraph 1 m) the multiplying factor of the Program Components Score is:

Short program:	0.8 Ladies	1.0 Men
Free Skating:	1.6 Ladies	2.0 Men

#### **Level explanation:**

All elements, which are subject to levels, only features up to **Level 4** will be counted.  
Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

**FALL -1.0 Pt**

## SENIOR

Has reached at least the age of fourteen (14) by July 1<sup>st</sup> preceding the competition for Ladies and Men.

Only skaters with the following minimum requirements can participate in this category.

### Senior Figure Skating level with a PCS Senior level or a higher level

#### Short Program for Ladies & Men:

The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 611, paragraphs 1 and 2.

**Duration:** 2:40 min +/- 10sec.

#### Free Skating Program for Ladies & Men:

The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 612 and the respective ISU Communication.

Special attention should be paid to the “well balanced program”.

**Duration:** 4:00 min +/- 10 sec.

**Warm-up:** 6 minutes for Short Program and Free Skating program each.

**Special factor 1.1 factor in short and free program:** In accordance with ISU Rule 353 paragraph 1 h) - (IV) in ISU Technical Rules Singles & Pair Skating 2018

#### The program components:

- Skating Skills
- Transition
- Performance
- Composition
- Interpretation

**Component factor:** In accordance with ISU Rule 353, paragraph 1 m) the multiplying factor of the Program Components Score is:

Short program:	0.8 Ladies	1.0 Men
Free Skating:	1.6 Ladies	2.0 Men

#### Level explanation:

All elements, which are subject to levels, only features up to **Level 4** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

#### Increase deduction for multiple falls in Senior Single Skating:

-1.0 for the first and the second fall, -2.0 for the third and fourth falls, -3.0 for the fifth and any further falls.