



NATIONAL A-COMPETITION REGULATIONS SEASON 2019-2020

General rules:

Members of Belgian skating clubs can participate in Belgian National A-Competitions according to their age, obtained Figure Skating Level and PCS level.

Citizenship requirements:

In order to participate in **national A-competitions** the skater must meet the following citizenship requirements:

- The skater has the Belgian citizenship or has a release or at least started the release procedure

For Belgian-, Flemish- and Walloon Championships:

- The skater has the Belgian citizenship or has a clearance
- For more information, see latest ISU communication n° 2030 – Rule 109

Remarks for the categories:

Advanced Novice Girls and Boys:

- All Basic Novice and Intermediate Novice skaters age wise who have obtained their **Advanced Novice Figure Skating level and minimum an Advanced Novice PCS level** will participate in the Advanced Novice categories.
- If they have a Senior Figure Skating level and minimum a Junior PCS level and the age requirement, they can participate in Junior categories.
- Once a skater starts to compete in a category, the skater cannot participate in a lower category in the following Belgian National and International Interclub A-Competitions anymore.

Conditions in case of a new figure skating level obtained:

- A skater who obtains a higher Figure Skating Level Test or a PCS level Test can participate in National A-Competitions in the same category for **a maximum period of three (3) months** starting from the day the skater obtained the new level. In National A-Competitions of which the first competition day is three (3) months after the skater obtained the new level, the skater needs to participate in the new category.
- After obtaining a higher Figure Skating Level or a PCS level, a skater can also choose to upgrade earlier within the three (3) month period. In such case the club must inform the National General Secretary, the Regional Secretary and the Responsible National Competitions about the respective competition **at least ten (10) days before** the first competition day.

National General Secretary: secretariaat.kbkf@telenet.be

Regional Secretary Flemish speaking federation: mariabouwens@hotmail.com

Regional Secretary French speaking federation: ffpa.christian.pieman@skynet.be

Responsible National Competitions: ludod@telenet.be

Combined national competitions:

- If National A-, B- and/or Adults Competitions are combined in one competition, skaters who can compete in A-competitions **are only allowed** to enter in the A-competition.

Categories with more than 36 skaters:

- If there are categories of more than **36** entries in National A-Competitions, these categories will be divided into two groups based on age by July 1st preceding the competition. Organizing Clubs can also divide into smaller groups as well using the same criteria. Categories of **18** skaters or less won't be divided.

Warm-up:

- **All Novice Divisions Girls and Boys** warm up groups may be maximum up to eight (8) skaters with a preference of six (6) skaters per warm-up group.
- **Junior and Senior Ladies and Men** may warm up together. The warm-up groups may be maximum up to six (6) skaters.
- If there are less than three Boys/Men in a category, the Boys/Men will warm up together in the first warm-up group of the Girls/Ladies. If there are three Boys/Men or more, they will warm up separately. The competition will always start with the Boys/Men.
- An on-ice line up of the skaters in a warm-up group before the actual warming up is not allowed in National A-competitions. It is only allowed in International Interclub A-competitions, Championships and the National Criterium.

Price awarding ceremony:

- National Hymns are **NOT** allowed, except at Championships and the National Criterium.

Organizing clubs:

- All Belgian clubs which organize a National A-competition must put these regulations of the federation KBKF/FRBPA in their announcement for the categories for which they are valid.

BASIC NOVICE

Has not reached the age of thirteen (13) by July 1st preceding the competition for Girls and Boys.

Only skaters with the following minimum requirements can participate in this category.

Basic Novice Figure Skating level with a PCS Basic Novice level or a higher level

Free Skating Program for Girls & Boys:

In accordance with ISU communication 2242 Single Skating Basic Novice (or subsequent updates).

Duration: 2:30 min +/- 10 sec.

Warm-up: 4 minutes.

There will be **no** Bonus for jump elements performed in the second half of the Free Program.

The Program components are only judged in:

- Skating Skills
- Performance

Component factor: The multiplying factor of the Components Score is:

Free Skating: 2.5

Level explanation:

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a **double Axel (2A)** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given **ONCE** even if there is a fall.

FALL -0.5 Pt

INTERMEDIATE NOVICE

Has not reached the age of fifteen (15) by July 1st preceding the competition for Girls and Boys.

Only skaters with the following minimum requirements can participate in this category.

Intermediate Novice Figure Skating level with a PCS Intermediate Novice level or a higher level

Free Skating Program for Girls & Boys:

In accordance with ISU communication 2242 Single Skating Intermediate Novice (or subsequent updates).

Duration: 3:00 min +/- 10 sec.

Warm-up: 5 minutes.

There will be **no** Bonus for jump elements performed in the second half of the Free Program.

The Program Components are only judged in:

- Skating Skills
- Performance
- Interpretation

Component factor: The multiplying factor of the Components Score is:

Free Skating: 1.7 for Girls
2.0 for Boys

Level explanation:

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a **double Axel (2A)** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given **ONCE** for a double Axel (2A) even if there is a fall.

FALL -0.5 Pt

ADVANCED NOVICE

Has reached at least the age of nine (9) by July 1st preceding the competition for Girls and Boys.
Has not reached the age of fifteen (15) by July 1st preceding the competition for Girls and Boys.

Only skaters with the following minimum requirements can participate in this category.

Advanced Novice Figure Skating with a PCS Advanced Novice level or a higher level

Short Program for Girls and Boys:

In accordance with ISU communication 2242 Single Skating Advanced Novice (or subsequent updates).

Duration: 2:20 min +/- 10 sec.

Warm-up: Short Program:4 minutes Free Skating Program: 5 minutes

There will be **no** Bonus for jump elements performed in the second half of the Short and Free Skating Program.

Free Skating Program for Girls and Boys:

In accordance with ISU communication 2024 Single Skating Advanced Novice (or subsequent updates).

Duration: 3:00 min +/- 10 sec.

There will be **no** Bonus for jump elements performed in the second half of the Short and Free Skating Program.

The Program Components are only judged in:

- Skating Skills
- Transitions
- Performance
- Interpretation

Component factor: The multiplying factor of the Components Score is:

Short Program: 0.8 for Girls
0.9 for Boys

Free Skating: 1.6 for Girls
1.8 for Boys

Level explanation:

All elements, which are subject to levels, only features up to **Level 3** will be counted.
Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

In **SHORT** program and **FREE** Skating, if a **double Axel (2A) and/or a triple jump** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given **ONCE** for a double Axel (2A) and **ONCE** for each **different** triple jump even if there is a fall.

FALL -0.5 Pt:

JUNIOR

Has reached at least the age of twelve (12) by July 1st preceding the competition for Ladies and Men.
Has not reached the age of nineteen (19) by July 1st preceding the competition for Ladies and Men.

Only skaters with the following minimum requirements can participate in this category.

Junior Figure Skating level with a PCS Junior level or a higher level

Short Program for Ladies & Men:

The required elements to be skated are those listed in ISU Technical Rules Singles & Pair Skating 2018 Rule 611, paragraphs 1 and 3 for 2018-2019.

Duration: 2:40 min +/- 10 sec.

Free Skating Program for Ladies & Men:

The required elements to be skated are those listed in ISU Technical Rules Singles & Pair Skating 2018 Rule 612 and the respective ISU Communication.
Special attention should be paid to the "well balanced program".

Duration: 3:30 min +/- 10 sec.

Warm-up: 6 minutes for Short program and Free Skating each.

There will be a Bonus for jump elements performed in the second half of the Short and Free Skating Program.

The program components:

- Skating Skills
- Transition
- Performance
- Composition
- Interpretation

Component factor: In accordance with ISU Rule 353, paragraph 1 m) the multiplying factor of the Program Components Score is:

Short program:	0.8 Ladies
	1.0 Men
Free Skating:	1.6 Ladies
	2.0 Men

Level explanation:

All elements, which are subject to levels, only features up to **Level 4** will be counted.
Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

In **SHORT** program and **FREE** Skating, if a **triple jump** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 1.0 will be given **ONCE** for each **different** triple jump even if there is a fall.

FALL -1.0 Pt

SENIOR

Has reached at least the age of fifteen (15) by July 1st preceding the competition for Ladies and Men.

Only skaters with the following minimum requirements can participate in this category.

Senior Figure Skating level with a PCS Senior level or a higher level

Short Program for Ladies & Men:

The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 611, paragraphs 1 and 2.

Duration: 2:40 min +/- 10sec.

Free Skating Program for Ladies & Men:

The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 612 and the respective ISU Communication. Special attention should be paid to the "well balanced program".

Duration: 4:00 min +/- 10 sec.

Warm-up: 6 minutes for Short Program and Free Skating program each.

There will be a Bonus for jump elements performed in the second half of the Short and Free Skating Program.

The program components:

- Skating Skills
- Transition
- Performance
- Composition
- Interpretation

Component factor: In accordance with ISU Rule 353, paragraph 1 m) the multiplying factor of the Program Components Score is:

Short program:	0.8 Ladies
	1.0 Men
Free Skating:	1.6 Ladies
	2.0 Men

Level explanation:

All elements, which are subject to levels, only features up to **Level 4** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Increase deduction for multiple falls in Senior Single Skating:

-1.0 for the first and the second fall, -2.0 for the third and fourth falls, -3.0 for the fifth and any further falls.