



NATIONAL B-COMPETITIONS REGULATIONS SEASON 2019 - 2020

General rules:

Members of Belgian skating clubs can participate in categories according to their obtained Figure Skating Level.

- All skaters who are member of a Belgian club can participate in B-competitions regardless of their nationality.
- To be able to participate in B-Competitions, a skater must have a Competition level test.
- Coaches with a license can also compete in National B-competitions if they don't have to accompany any other skaters in the same competition.
- Adult skaters who obtained a Figure Skating Level Test **can** participate in the B-Competitions level categories, National- or International Interclub B-Competitions (in Belgium). However, if there's an Adult competition linked to the competition, they **cannot** compete in both the level category and the Adult competition.
- Skaters who qualify to compete in A-Competitions will compete in B-Competitions in a separate competition group then skaters who can only compete in B-Competitions, except if the A or B competition group consists of less than three (3) competitors.
- A skater who obtains a higher Figure Skating Level Test can participate in B-Competitions in the same category for a **maximum period of three (3) months** starting from the day the skater obtains the new level. In B-Competitions of which the first competition day is three (3) months after the skater obtained the new level, the skater needs to participate in the new category.
- After obtaining a higher Figure Skating Level Test, a skater can also choose to upgrade earlier within the three (3) month period. In such case the club must inform the National Secretary, the Regional Secretary and the Responsible National Competition about the respective competition at **least ten (10) days** before the first competition day.
- A skater who participates in Group B in a category and obtains a PCS Level Test that makes the skater an A-skater, will be assigned in the same category in Group A **ten (10) days** after obtaining the test.

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Responsible National Competitions: ludod@telenet.be

Combined Competitions:

- If National B-, A- and or Adult Competitions are combined in one competition, skaters who can compete in A-Competitions **are only allowed** to compete in the A-Competition. B-competitions skaters who can also compete in Adult Competitions must make a choice in which competition they will compete in combined competition.

Warm-up:

- **Pre-Miniemen, Miniemen Girls and Boys** warm-up groups may be **maximum up to eight (8)** skaters.
- **All Novice Divisions Girls and Boys** warm-up groups may be **maximum up to eight (8)** skaters with a preference of six (6) skaters per warm-up group.
- **Junior and Senior Ladies and Men** may warm up together. Junior and Senior warm-up groups may be maximum up to **six (6)** skaters.
- If there are less than three Boys/Men in a category, the Boys/Men will warm up together in the first warm-up group of the Girls/Ladies. If there are three Boys/Men or more, they will warm up separately. The competition will always start with the Boys/Men.
- An on-ice line up of the skaters in a warm-up group before the actual warming up is not allowed in National B-competitions. It is only allowed in International Interclub A-competitions, Championships and the National Criterium.

Price awarding ceremony:

- National Hymns are **NOT** allowed, except at Championships and the National Criterium.

Categories with more than 36 skaters:

- If there are categories of more than **36** entries in National B-Competitions, these categories will be divided into two groups based on age by July 1st preceding the competition. Organizing Clubs can also divide into smaller groups as well using the same criteria. Categories of **18** skaters or less won't be divided.
- Clubs will enter their competitors in the categories in which they need to participate. The Belgian Federation will publish, in time, whether categories are to be divided into age groups or not. This will be published on the website www.skatebelgium.be .

Organizing clubs:

- All Belgian clubs which organize a National B-competition must put these regulations of the federation KBKF/FRBPA in their announcement for the categories for which they are valid.

PRE-MINIEMEN

To compete in this Category, **Competition level** is required for a Belgian Skater.

Free Skating Program for Girls & Boys

Duration: 2:00 min +/- 10 sec.

Warm-up: 4 minutes

There will be **no** Bonus for jump elements performed in the second half of the Free Program.

A well-balanced Free Skating Program for Pre-Miniemen singles Girls and Boys must contain:

a) Maximum of **4 jump elements for Girls and Boys.**

There may be up to one (1) jump combination.

A jump combination can contain only two (2) jumps.

Any single jump cannot be executed more than twice in total.

Jumps with one and a half (1-1/2) revolutions (1A) and double jumps are **NOT** permitted.

b) There must be a maximum of **two (2) spins of a different nature (abbreviation)**

One (1) position spin no change of foot only using basic position

(minimum four (4) revolutions in total)

One (1) combination spin no change of foot only using basic positions

(minimum six (6) revolutions in total).

* (If the combination spin consists only of **two (2) basic positions**, an upright position in this combination spin must have an enhancement of arms or free leg to make it count. **It is not simply the final windup.**

In both spins flying entries are **NOT** allowed.

c) For Girls and Boys **one (1) step sequence fully covering the ice surface.** This step must contain steps and turns.

The Program Components are only judged in:

- Skating Skills
- Performance

Component factor: The multiplying factor of the Components Score is:

Free Skating: 2.5

Level explanation:

All elements, which are subject to levels, only up to **Level Base** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

FALL -0.5 Pt

MINIEMEN

To compete in this Category, **Miniemen Figure Skating level** is required for a Belgian Skater.

Free Skating Program for Girls & Boys

Duration: 2:30 min +/- 10 sec.

Warm-up: 4 minutes

There will be **no** Bonus for jump elements performed in the second half of the Free Program.

A well-balanced Free Skating program for Miniemen singles Girls and Boys must contain:

a) Maximum of **4 jump elements for Girls and Boys.**

There may be up to two (2) jump combinations or sequences.

Jump combinations can contain only two (2) jumps.

A jump sequence consists of two (2) jumps, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel.

Any single and double jump cannot be executed more than twice in total.

b) There must be a maximum of **two (2) spins of a different nature (abbreviation)**

One (1) spin combination: a spin combination with a change of foot minimum eight (8) revolutions or without a change of foot minimum six (6) revolutions.

* (If the combination spin consists only of **two (2) basic positions**, an upright position in this combination spin must have an enhancement of arms or free leg to make it count (**it is not simply the final windup**))

One (1) spin with no change of position: a spin in one position with a change of foot minimum eight (8) revolutions or without a change of foot minimum six (6) revolutions.

In both spins flying entries **ARE** allowed.

c) For Girls and Boys there must be **one (1) step sequence fully utilizing the ice surface.**

The Program components are only judged in:

- Skating Skills
- Performance

Component factor: The multiplying factor of the Components Score is:

Free Skating: 2.5

Level explanation:

All elements, which are subject to levels, only features up to **Level 1** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a single **Axel (1A)** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given **ONCE** even if there is a fall.

FALL -0.5 Pt

BASIC NOVICE

To compete in this Category, **Basic Novice Figure Skating level** is required for a Belgian Skater.

Free Skating Program for Girls & Boys:

In accordance with ISU communication 2242 Single Basic Novice (or subsequent updates)

Duration: 2:30 min +/- 10 sec.

Warm-up: 4 minutes

There will be **no** Bonus for jump elements performed in the second half of the Free Program.

The Program components are only judged in:

- Skating Skills
- Performance

Component factor: The multiplying factor of the Components Score is:

Free Skating: 2.5

Level explanation:

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a **double Axel (2A)** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given **ONCE** even if there is a fall.

FALL -0.5 Pt

INTERMEDIATE NOVICE

To compete in this Category, **Intermediate Novice Figure Skating level** is required for a Belgian Skater.

Free Skating Program for Girls & Boys:

In accordance with ISU communication 2242 Single Intermediate Novice (or subsequent updates)

Duration: 3:00 min +/- 10 sec.

Warm-up: 5 minutes

There will be **no** Bonus for jump elements performed in the second half of the Free Program.

The Program Components are only judged in:

- Skating Skills
- Performance
- Interpretation

Component factor:

Free Skating: 1.7 for Girls
2.0 for Boys

Level explanation:

All elements, which are subject to levels, only features up to **Level 2** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a **double Axel (2A)** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given **ONCE** for a double Axel (2A) even if there is a fall.

FALL -0.5 Pt

ADVANCED NOVICE

To compete in this Category, **Advanced Novice Figure Skating level** is required for a Belgian Skater.

Free Skating Program for Girls and Boys:

In accordance with ISU communication 2242 Single Skating Advanced Novice (or subsequent updates).

Duration: 3:00 min +/- 10 sec.

Warm-up: 5 minutes

There will be **no** Bonus for jump elements performed in the second half of the Free Skating Program.

The Program Components are only judged in:

- Skating Skills
- Transitions
- Performance
- Interpretation

Component factor: The multiplying factor of the components Score is:

Free Skating: 1.6 for Girls
1.8 for Boys

Level explanation:

All elements, which are subject to levels, only features up to **Level 3** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a **double Axel (2A) and/or a triple jump** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 0.5 will be given **ONCE** for a double Axel and **ONCE** for each **different** triple jump even if there is a fall.

FALL -0.5 Pt

JUNIOR

To compete in this Category, **Junior Figure Skating level** is required for a Belgian Skater.

Free Skating Program for Ladies and Men:

The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 612 and the respective ISU communication. Special attention should be paid to the “well balanced program” and the element value.

Duration: 3:30 min +/- 10 sec

Warm-up: 6 minutes

There will be a **Bonus** for jump elements performed in the second half of the Free Skating Program.

The program components:

- Skating Skills
- Transition
- Performance
- Composition
- Interpretation

Component factor: In accordance with ISU Rule 353, paragraph 1 m) the multiplying factor of the Components Score is:

Free Skating: 1.6 for Ladies
2.0 for Men

Level explanation:

All elements, which are subject to levels, only features up to **Level 4** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

If a **triple jump** is executed and called by the Technical Panel (no < or <<) in the program, a bonus of 1.0 will be given **ONCE** for each **different** triple even if there is a fall.

FALL -1.0 Pt

SENIOR

To compete in this category, **Senior Figure Skating level** is required for a Belgian Skater.

Free Skating Program for Ladies and Men

The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 612 and the respective ISU communication. Special attention should be paid to the “well balanced program” and the element value.

Duration: 4:00 min +/- 10 sec.

Warm-up: 6 minutes

There will be a Bonus for jump elements performed in the second half of the Free Skating Program

The program components:

- Skating Skills
- Transition
- Performance
- Composition
- Interpretation

Component factor: In accordance with ISU rule 353, paragraph 1 m) the multiplying factor of the Components Score is:

Free Skating: 1.6 for Ladies
2.0 for Men

Level explanation:

All elements, which are subject to levels, only features up to **Level 4** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Increase deduction for multiple falls in Senior Single Skating: -1.0 for the first and second fall, -2.0 for the third and fourth falls, -3.0 for the fifth and any further falls.

MASTER

To compete in this category, **Master Figure Skating level** is required for a Belgian Skater.

Free Skating Program for Ladies and Men

The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018 Rule 612 and the respective ISU communication. Special attention should be paid to the “well balanced program” and the element value.

Duration: 4:00 min +/- 10 sec.

Warm-up: 6 minutes

There will be a Bonus for jump elements performed in the second half of the Free Skating Program

The program components:

- Skating Skills
- Transition
- Performance
- Composition
- Interpretation

Component factor: In accordance with ISU rule 353, paragraph 1 m) the multiplying factor of the Components Score is:

Free Skating: 1.6 for Ladies
2.0 for Men

Level explanation:

All elements, which are subject to levels, only features up to **Level 4** will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Increase deduction for multiple falls in Senior Single Skating: -1.0 for the first and second fall, -2.0 for the third and fourth falls, -3.0 for the fifth and any further falls.